

# THIRD TRIMESTER *checklist*

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## FOR BABY

- Finish nursery
- Order personalized name and birth announcement items for hospital
- Finish buying baby necessities
- Find pediatrician
- Decide on daycare
- Wash baby clothes and blankets
- Organize baby's closet and dresser
- Prepare changing station with diapers, wipes, and ointments
- Prepare baby's sleep areas
- Wash and sterilize breast pump, bottles and nipples
- Wash and assemble baby gear
- Make sure to have on hand: baby laundry detergent, baby dish soap, diaper cream, diapers, wipes, some formula
- Install car seat

## FOR HOUSE

- Organize kitchen cabinet with baby bottles and supplies
- Organize bathroom with baby towels, washcloths, baby wash, and baby bath
- Deep clean house (or hire someone to do it)

## FOR MOM & DAD

- Maternity photos & babymoon
- Always have car gassed up, ready to go
- Send thank you notes
- Shop for and organize home with postpartum necessities
- Prepare breastfeeding stations in bedroom and living room
- Stock up on snacks and pantry items
- Make freezer meals
- Birthing class
- Breastfeeding class
- CPR class
- Hospital tour
- Shop for hospital bag necessities (for mom, dad, baby)
- Pack hospital bags (for mom, dad, baby)
- Write birth plan
- Finalize maternity leave plan
- Write care instructions for pet sitter
- Find birth photographer
- Buy new toys and treats for dog for when baby comes home